

Qualitative Interview Data Management and Sharing

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ALCOHOL AND AGING

A Multimethod Study on Heterogeneity
and Multidimensionality

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UMEÅ UNIVERSITY

RESEARCH

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'Ageing with an alcohol problem is not what I envision': reclaiming agency in shaping personal ageing trajectory and recovery from alcohol problems

Wossenseged Birhane Jemberie^{1,2,3*}, Fredrik Snellman¹, Malin Eriksson¹ and Anders Hammarberg⁴



Aim: To explore how older persons in recovery from alcohol problems describe and interrelate their **ageing** process, **alcohol consumption**, **treatment** and **recovery** with their definition of **healthy ageing**

Methods:

Participants recruited from a specialist outpatient alcohol treatment clinic (N= 10)

Inclusion Criteria:

- ❖ 55 years or older,
- ❖ speaking Swedish, and
- ❖ have sought treatment for alcohol after the age of 50 years old.

In-depth interview with semi-structured interview guide and a short structured background questions

Participants were between **61 and 73** years old.

In average, the interviews lasted **101 minutes** each

Results

Stigma and Ambivalence as negative links between treatment access, recovery and healthy ageing **Vs**

Agency and Autonomy as positive links between treatment, recovery and healthy ageing

Three themes were identified

“Tipping the balance”

- ❖ Finding a way to affect one’s own ageing trajectory in the face of age-related changes

“Sitting behind a veil”

- ❖ Stigma
- ❖ Ambivalence regarding magnitude of problem
- ❖ Loss of control and dependency
- ❖ Perceived lack of alternatives to abstinence-based treatments

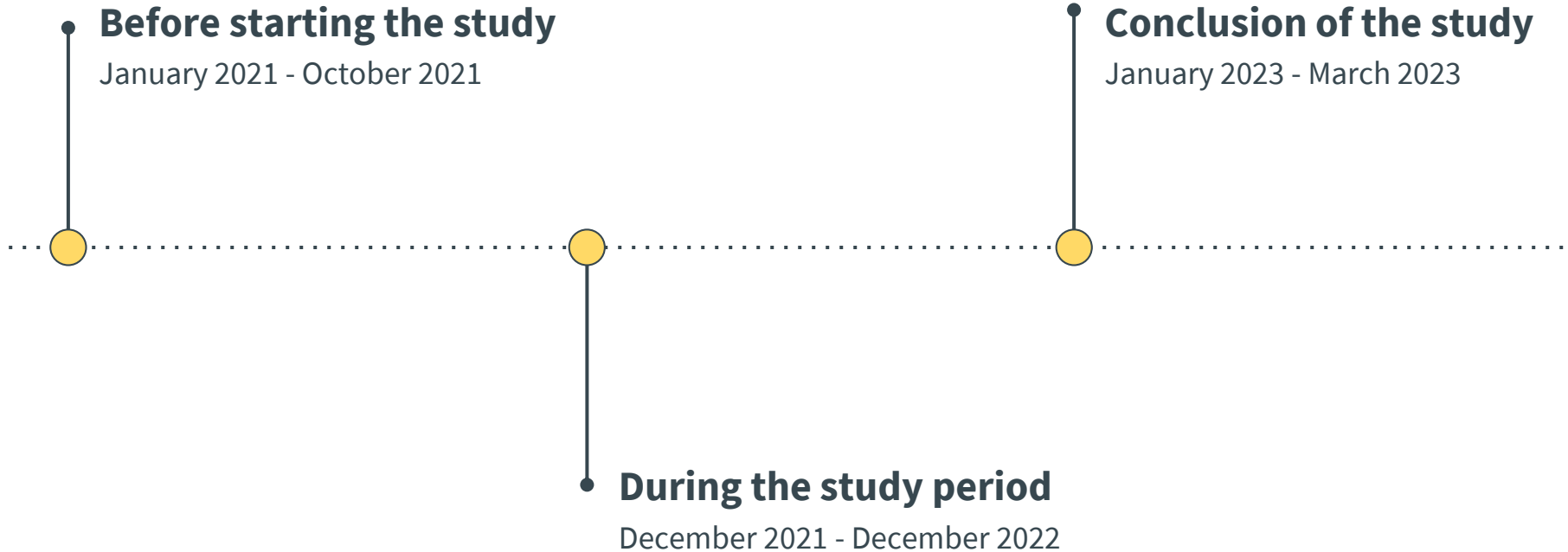
“Lifting the veil”

- ❖ Overcoming stigma and ambivalence to seek and get help towards realizing personal recovery goals

The core requirements of a DMP

- ❖ Data description & Collection
- ❖ Data documentation and metadata
- ❖ Data storage and backup
- ❖ Legal and ethical requirements
- ❖ Data sharing and long-term preservation
- ❖ Data security and access
- ❖ Data management responsibilities and resources.

Timeline



January 2021- October 2021

Before starting the study

Funding application

Ethical approval

- ❖ Risk & vulnerability analysis
- ❖ Information classification
- ❖ Shared mailbox
- ❖ Skyddade document
- ❖ DMP-before
- ❖ Reporting of personal data processing

Data Management Plan

A detailed data management plan will be kept and updated throughout the project lifecycle. All materials related to the project will be saved in digital format, in a secure storage space, which will be available only to the project members who are employees of Umeå University, and can be accessed only with multifactor authentication. Physical form of original materials related to the project will be stored in secure locked environment. The statistical codes used for the quantitative study, metadata descriptions of the project and of the used data will be openly shared and catalogued through Swedish National Data Service (SND) in line with FAIR data principles. At the conclusion of the project, the research material will be archived in a secure and sustainable manner according to the Swedish Archives Act.

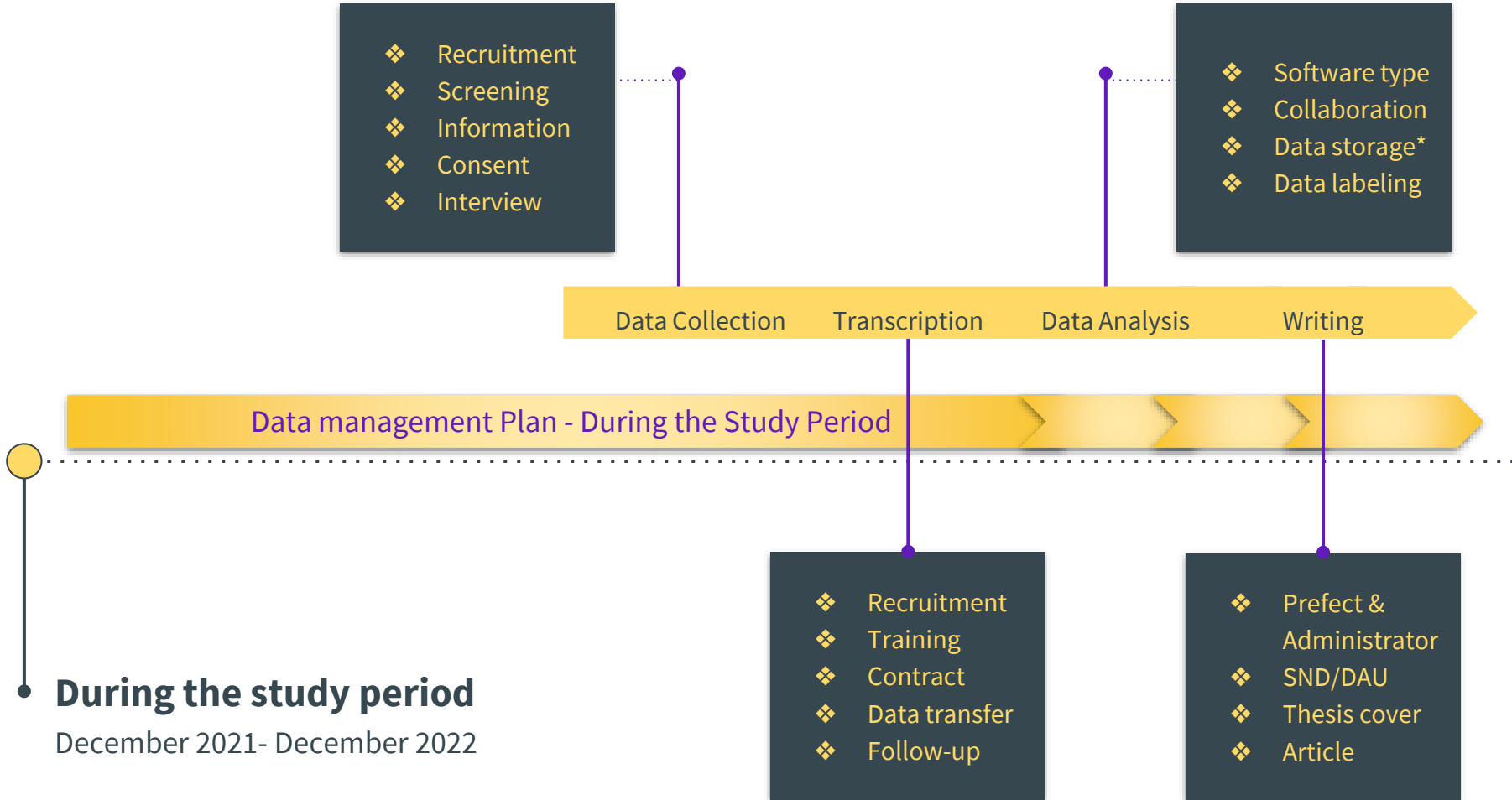
6.4. Hur kommer insamlad data att hanteras och förvaras?

Redogör för hur data kommer att hanteras efter insamlingen. Om data kommer att pseudonymiseras ("kodas") ska kodningsförfarandet beskrivas. Det ska framgå var kodlistorna/kodnycklarna kommer att förvaras samt vem/vilka som kommer ha tillgång till dem. Det ska även framgå hur länge data kommer att sparas samt om det kommer att avidentifieras (genom att kodnyckel förstörs) eller förstöras i sin helhet. Forskningsdata ska arkiveras och gallras enligt forskningshuvudmannens regler för bevarande och gallring av handlingar i sin forskningsverksamhet.

Allt material inom projektet kommer att sparas i digitalt format, i en säker och digital miljö (Skyddade dokument), som endast kommer att vara tillgänglig för projektmedlemmarna som är anställda vid Umeå universitet och endast kan nås via autentisering i flera steg (multifactor authenticator). Denna digitala säkerhet tillhandahålls av Umeå universitet. Statistiska koder / kommandon, metadata beskrivningar av hela projektet och metadata beskrivningen av data kommer att delas öppet och katalogiseras genom Svensk nationell datatjänst (SND) i linje med FAIR dataprinciper. Sådana insatser är i linje med den svenska regeringen och dess forskningsfinansieringsmyndigheter.

Röstinspelning av intervjuer, fältanteckningar och transkriptionstextfiler kommer att förvaras i Skyddade dokument. Dataanalys för projektet kommer att genomföras från lösenordsskyddad och krypterad dator från Umeå universitet. Internetanslutning, utanför universitetets nätverk, kommer endast från den datorn via VPN-tjänst som tillhandahålls av universitetet.


Personuppgifter hanteras i enlighet med GDPR lagstiftning och insamlade data lagras oåtkomligt för utomstående i så kallad Skyddade dokument tillhandahållen av Umeå Universitet.



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Studying the trajectories and mediators of old-age problematic alcohol use and the agency of older persons

SND-ID: 2023-30-1. Version: 1. DOI: <https://doi.org/10.5878/j3hm-3w77>

 [Add request for data](#)

Citation

Jemberie, W. B., Padyab, M., Snellman, F., & Eriksson, M. (2023). Studying the trajectories and mediators of old-age problematic alcohol use and the agency of older persons (Version 1) [Data set]. Umeå University. Available at: <https://doi.org/10.5878/j3hm-3w77>

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Alternative title


PAU-Old

Creator/Principal investigator(s)

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[Mojgan Padyab](#) - Umeå University, Department of Social Work 

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[Malin Eriksson](#) - Umeå University, Department of Social Work 

Research principal


[Umeå University](#) - Department of Social Work 

Description

The study sought insight into the experiences and perspectives of older persons on ageing, alcohol use, treatment



Accessibility level

 Access to data through SND
Access to data is restricted

Use of data

Things to consider when using data shared through SND

Versions

Version 1. 2023-02-20 

Homepage

Substance Use Disorder Among Older Adults: typologies, pathways and health outcomes

Download metadata

DataCite

DDI 2.5

DDI 3.3

DCAT-AP-SE 2.0

JSON-LD

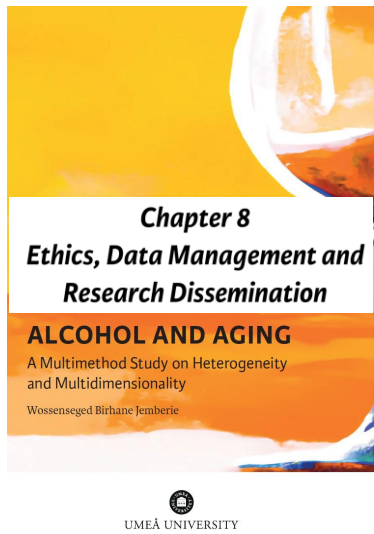
PDF

Citation (CLS)

Conclusion of the study

January 2023 - March 2023

- ❖ Reviewing the DMP
- ❖ Reviewing the data structure
- ❖ Describing data at SND using DORIS
- ❖ Review of the registration by a DAU member
- ❖ Revision of the registration
- ❖ Publication of metadata in the SND catalogue



Jemberie et al. BMC Geriatrics (2023) 23:966
https://doi.org/10.1186/s12877-023-04837-y

BMC Geriatrics

RESEARCH Open Access

'Ageing with an alcohol problem is not what I envision': reclaiming agency in shaping personal ageing trajectory and recovery from alcohol problems

Wossenseged Birhane Jemberie^{1,2,3*}, Fredrik Snellman¹, Malin Eriksson¹ and Anders Hammarberg¹

Abstract

Background Eliciting and understanding older persons' descriptions of their resources for healthy ageing and the interaction of these resources with alcohol use and alcohol problems can facilitate health promotion. It can also inform clinicians when identifying areas of recovery capital that present risks and strength for older people seeking alcohol treatment. The objective of this study was to illuminate the experiences and perspectives of older persons on ageing, alcohol use, treatment, and recovery from alcohol problems, as well as their understanding of healthy ageing.

Methods Eight men and two women, aged 61 to 73 years, with moderate drinking as a treatment goal and treated at an outpatient alcohol clinic in Sweden, participated in semi-structured audio-recorded virtual interviews. A qualitative content analysis examined the transcribed interviews.

Results Three themes were identified: "Tipping the balance", "Saying behind a veil" and "Lifting the veil". First, participants understood healthy ageing as a personal and multidimensional process that involved actively expanding, maintaining or adjusting to the resources needed to lead an active and meaningful life while preserving autonomy, dignity and independence for as long as possible. Second, most participants viewed moderate alcohol use as a contributor to healthy ageing. They sought treatment when their drinking became unsustainable and an immediate threat to their healthy ageing resources. Stigma, ambivalence and a lack of treatment options, however, contributed to delayed treatment. Third, the participants responded to treatment approaches that elicited their concern, incorporated their expertise and treatment and life goals, appreciated their autonomy and agency, and considered them partners in goal setting and decision making. Reduced drinking helped participants regain their agency and improved their healthy ageing capital which in turn catalyzed continuing recovery.

Conclusions Older persons in non-abstinent recovery perceive healthy ageing and alcohol recovery as personal and interacting multidimensional processes involving their agency to improve biopsychosocial functioning. Treatment approaches that recognize older persons' desire for healthy ageing, incorporate their treatment goals and respect their autonomy are likely to be acceptable and effective.

Availability of data and materials

Metadata description of the data and transcribed interview text are available at the Swedish National Data Service on <https://doi.org/10.5878/j3hm-3w77>, however, access to the data is restricted because of legal and ethical restrictions. Data access requests can be directed to Ellinor Gustafsson, administrator and directory coordinator at the Department of Social Work at Umeå University, Samhällsvetarhuset, plan 5, Biblioteksgränd 4, Umeå universitet, 901 87 Umeå, by clicking the "request data" button on <https://doi.org/10.5878/j3hm-3w77> at the Swedish National Data Service.

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Studying the trajectories and mediators of old-age problematic alcohol use and the agency of older persons

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Responsible organisation
Umeå University, Faculty of Social Sciences, Department of Social Work

2023 (English)

Data set, Primary data

Alternative title
En studie av samspelet mellan åldrande, hälsa, alkoholvanor, och personers aktörsskap i detta samspel (Swedish)

Physical description [en]
The study sought insight into the experiences and perspectives of older persons on ageing, alcohol use, treatment, and recovery from an alcohol problem, as well as their understanding of what healthy ageing entails. The study, hence, focused on the subjective experiences of older persons, for an understanding

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By organisation
Department of Social Work

On the subject
Gerontology, specialising in Medical and Health Sciences
Social Work
Substance Abuse

The Added Value of a DMP

[Source: CESSDA, 2020]

Benefit 1

- ❖ Useful tool to think ahead and manage project efficiently

Benefit 2

- ❖ Clarifies needed budget for data management

Benefit 3

- ❖ Shows accountability

Benefit 4

- ❖ Makes data FAIRer



Findable

To aid automatic discovery of relevant datasets, (meta)data should be easy to find by both humans and machines and be assigned a persistent identifier.

Accessible

Limitations on the use of data, and protocols for querying or copying data are made explicit for both humans and machines.

Interoperable

(Meta)data should use standardised terms (controlled vocabularies), have references to other (meta)data and be machine actionable.

Reusable

(Meta)data are sufficiently well described for both humans and computers to be able to understand them and have a clear and accessible data usage license.



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Reflections

Lesson 1

- ❖ Contact your department head and directory administrator as early as you can

Lesson 2

- ❖ The library and the DAU group are big resources
- ❖ Discuss your plan with the DAU team

Lesson 3

- ❖ Include the resource needed for data management in your ISP & the project planning

Lesson 4

- ❖ Reflect how the catalogue can be enriched
- ❖ Add codes, meaning units, nodes, quotes

Special Acknowledgment to

Docent Theresa Kieselbach, coordinator for
research data operations at Umeå University

And

Ellinor Gustafsson, directory administrator at
department of Social Work

Thank you!



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